



## Jenny Owen

Physiotherapist

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Jenny graduated from Oxford Brookes University in 2001 with an honors in Physiotherapy and she has a passion for supporting clients to achieve their functional goals. Previously she was working overseas in the UK and Malaysia, both in the NHS and private hospitals and clinics within various roles including respiratory therapy, surgical rehabilitation, orthopedics, hydrotherapy, paediatrics, hand therapy, sports and musculoskeletal physiotherapy. Additionally, she worked with the Asian PGA tour and on junior international cricket tours for many years travelling with players to events worldwide treating elite athletes in the fields of golf and cricket. Jenny has a broad range of skills across the fields of physiotherapy and has a keen interest in working with children and adolescents including orthopedic, developmental, neuro disability and musculoskeletal presentations. Previously, Jenny worked in a special needs school and loves working with children using fun play-based activities to build fine and gross motor skills to rehabilitate movement, balance and function. Furthermore, Jenny enjoys supporting clients of all ages with disabilities helping to increase their mobility, balance and strength enhancing functional capacity and quality of life. In the past Jenny has published clinical trials in pulmonary rehabilitation focusing on rehabilitation and breathing control techniques to enhance mobility, endurance and strength. She has a strong focus on client education and active management throughout various disciplines and combines her knowledge of evidence-based practice to create effective rehabilitation and injury prevention programs across the ages. When not at work, Jenny can be found watching her son and daughter at various sporting events around Perth. She loves netball, horse riding and enjoying family time.

### Key Expertise

- Musculoskeletal rehabilitation
- Paediatrics
- Gait re-education
- Surgical rehabilitation
- Neurological physiotherapy and development
- Aged care/rehabilitation

### Qualifications

- Manual Therapy lower limbs
- Enhanced Paediatric skills – Monash university
- Specific Soft Tissue Manipulation
- McKenzie A and B (Lumbar/Thoracic)
- Hydrotherapy Level 1
- Clinical CP trials network center for research excellence systematic review and GRADE analysis workshop - University of Queensland
- Cerebral Palsy Clinical Education Day

## Clinic Locations

- Perth Healthcare Centre, WA
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## Available Services



Telehealth



Face-to-face

## Clinical Assessments

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## Cancellation Policy

A minimum of 24hrs notice must be provided for any cancelled appointments. Cancellations within this timeframe, or nonattendance may incur a cancellation fee.